

Syllabus for **Ballet 3**;

CRN 22255 DANC-022M-01

DE ANZA COLLEGE DANCE/ THEATRE DEPARTMENT

Instructor: Janet Shaw Office hrs. TTh 12:45pm-1:00pm in studio, & by appointment

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in **PE 11U** / **Fall 2022**

Meets: Meets: TTh 11:30am-12:45pm, in PE 11U dance studio. Satisfies 1 unit of GE requirement, Area E.
CONTACT Instructor email address: shawjanet@fhda.edu

Course Description: Study and practice of the discipline and creative art of classical ballet, combining traditional techniques, center floor work, emphasizing alignment/centering, motion through space, and the acquisition of an intermediate working ballet vocabulary.

Student Learning Outcome Statements (SLO)

- **Student Learning Outcome:** Identify ballet terminology and movement at an intermediate level.
- **Student Learning Outcome:** Perform at an intermediate level ballet dance sequences with consistent confidence demonstrating coordination.

DROP POLICY: Instructor will not automatically drop students.

To be conducted by the student, if desired.

READING: Required (*Do not purchase, yet*): Fahey's Fit & Well (PE Dept. Standard)

Recommended: **The Ballet Companion** by Eliza Gaynor Minden (*OK to buy now*)

FINAL EXAM **Tuesday, Dec. 12th**, 11:30am-1:30pm

REQUIRED Watch online ONE Option collection of videos: Select one of our 9 **Options**, posted in our Canvas: **Dance Studio Module**; **Viewing Room**. Be sure to watch ALL of the videos in the Option Group you select. Then **type up a one-page reflection**, and submit it in our **week 11 Module**. Due: no later than the Sunday before Final's week.

IN CLASS PARTICIPATION: Participation at class is a major portion of your grade. The second absence will need to be made up, as will each additional absence thereafter.

MAKE-UPS/ Classes can be made up by:

1. Taking the class you missed. **Its online recording** is posted in the **Dance Studio** module; **Make Up Room**. After you take the class, **send me an email**, with a brief reflection.

2. Up to two classes can be made up by watching a 2nd and 3rd **Option** (see details above). Turn in one TYPED reflection (your thoughts about what you saw) for each Option. Turn into the week 11 Module unit marked 1st makeup and/or 2nd makeup. Due: by the last day of instruction.

Websites for Dance Performances: www.baydance.com and <https://www.sanjose.org/events?category=Dance>

Resources for Extra Help & Support are in our **Library Module** in Canvas

Grading Policy:

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Participation in class =

45 points

PRIMARY, in class goals for Ballet III:

1. Keeping legs straight during tendus.
2. Pointing feet, as they leave the floor.
3. Keeping pelvis vertical, allowing for full outward rotation of hip sockets.
4. Stretching energy through arms, especially when held out in 2nd position (*wrists below elbows*).
5. Using energy throughout the entire body, dancing the movement.
6. Motivation to work well in class.
7. Ability to maintain concentration in class.
8. Correct head alignment, at barre (*above shoulders & not slouched forward*)
9. Adding head positions to barre work
10. Increasing ability and consistency to perform turns and spot the focus

All are allowed 1 absence. Additional absences need to be “made up”

All classes are recorded & can be taken independently as a makeup, however, **the majority of the classes MUST be taken live, in class.**

-2 points for each missing make up

Two, 15-minute office hour **Ballet Check Ins** conducted, during weeks 4 (*required*) and 8 (*optional*), by appointment. If BOTH are completed, can also **count as one makeup.**

Quizzes =

35 points

Participation in online activities; each week will have a short video and very short, online multiple-choice quiz to take. **May be taken multiple times** until successful.

WATCH 1 of 9 Options from Collection of Dance performances

Submit in **week 11 Module; Option 1-page TYPED Reflection =**

10 points

Final Exam (*Required*)=

10 points

During final's week. Includes:

Final class.

Final combination.

Both performed as a class & recorded.

Both played back for review during class

100 Total

Summary: If you successfully **complete all of the above**, you **will have earned an A** in this class.